



About Melbourne Forest Racers

Our club is one of the most dynamic Orienteering clubs in Melbourne. We cater for everyone from elite athletes who race for their country and state to families who like to enjoy the social and healthy aspects of our fantastic sport. We have members from five to sixty five and welcome all.

What We Offer

We cater for everyone from beginners to international team members. We offer beginners coaching, help getting to events and can even offer you a mentor or buddy to help you settle into our sport. Our more experienced members train together and support each other. Our club also has an international flavour, as we regularly welcome overseas orienteers who are living in Melbourne temporarily for work or study. Our regular activities include:

- our legendary rotating training runs on Monday nights, where our members take it in turns to host training, show us where they live and train and host a casual dinner
- mid week training bike rides for those who compete on wheels rather than running or walking
- social events like dinners or meeting up for meals or drinks after events
- regular email bulletins on upcoming events and activities
- helping organise events and participating in team competitions where club membership is needed
- sharing transport to events and accommodation on interstate or overseas trips

Our \$20 membership fee covers access to our weekly email bulletins, training, social events and more. For more about us and orienteering in Victoria go to www.vicorienteering.asn.au

To find out more call Dion Keech on 0419 449 309 or email dkeech@williamsboag.com.au

I/we desire to become a member of The Melbourne Forest Racers in 2011.

Given Name	Surname	Street Address	Phone (h)	Phone (m)	Preferred e-mail address	Year Born	SI stick number*

* If you have a Sport Ident (SI) stick, then provide your number. If you do not have one, leave this section blank.

Please tick here if you do NOT wish your contact details to be published to other club members.

Subscription Fees Individual \$20 Family Maximum \$40

This membership covers the 12 month period from 1/1/2011 to 31/12/2011. Subscriptions are due by 28th February 2011.

Two ways to pay 1. By **Direct Credit** to Melbourne Forest Racers, BSB 633108 A/C 116202805 + Put your Name and SUBS in the reference field or we will not know it is your money. Then email this form to: the Treasurer, Kerrin Rattray: kerrinrattray@gmail.com. In your email, state the date on which you transferred the money to the MFR account, to facilitate reconciling your membership payment.

OR 2. Please give the completed membership form and **cash** or a **cheque** (payable to "Melbourne Forest Racers") to the Treasurer, Kerrin Rattray, at an event or at a Monday night run. If neither of these methods are feasible for you, please email Kerrin to discuss an alternative method.