



# **JWOC 2007**

## **DUBBO, AUSTRALIA**

July 8<sup>th</sup> – 13<sup>th</sup>

### **Bulletin No. 1 –**

### **Revised 17<sup>th</sup> September 2005**

#### **Organiser**

The Junior World Orienteering Championships 2007 will be organised by the Orienteering Association of New South Wales (NSW) on behalf of Orienteering Australia (OA).

#### **JWOC 2007 Organising Committee**

Chairperson	Ron Pallas
Planning Director	Robert Spry
Technical Director	Dave Lotty
Finance Director	Barry Hanlon
Marketing Director	Paul Prudhoe
Events Director	Ted Mulherin
JWOC Team Liaison	Nick Dent

#### **Event Controllers**

IOF Event Advisor	Urs Hofer (SUI) Email: <a href="mailto:urs.hofer@dplanet.ch">urs.hofer@dplanet.ch</a>
National Controller	Christine Brown Email: <a href="mailto:christine.brown@education.tas.gov.au">christine.brown@education.tas.gov.au</a>
Assistant National Controller	Robert Vincent

#### **Information/Enquiries: JWOC 2007**

c/o Nick Dent 8 Irving Close, Terrigal 2260. NSW. Australia  
Tel: +61 243843627  
Email: [dentwood@bigpond.com](mailto:dentwood@bigpond.com)

#### **Venue**

The event centre will be the city of Dubbo, New South Wales. Dubbo is about 450km west of Sydney (see Map). It is located in the heart of the state, at the junction of major east-west and north-south road networks. It is accessible by road, rail and air.

## Program

Saturday 7 <sup>th</sup> July 2007	Model Event
Sunday 8 <sup>th</sup> July 2007	Sprint Distance Final Opening Ceremony
Monday 9 <sup>th</sup> July 2007	Long Distance Final
Tuesday 10 <sup>th</sup> July 2007	Rest Day
Wednesday 11 <sup>th</sup> July 2007	Middle Distance Qualification
Thursday 12 <sup>th</sup> July 2007	Middle Distance Final
Friday 13 <sup>th</sup> July 2007	Relay Closing Ceremony

## Classes and Participation

M20, W20

All competitors must have been born in 1987 or later and must be full passport holding citizens of the country they are representing.

## Training Opportunities

Training opportunities will be provided as and when requested by IOF member countries. Dubbo does not have any existing orienteering maps, however the city of Orange 150km south east of Dubbo does have existing orienteering maps with similar terrain to JWOC maps.

There will be a training camp held in Orange immediately prior to JWOC 2007 from Saturday 30<sup>th</sup> June – Friday 6<sup>th</sup> July. Details regarding this camp will be provided with Bulletin 2 (July 2006).

There will also be a five day event (Xmas 5 Days) held in Orange 27<sup>th</sup> December-31<sup>st</sup> December 2006 using maps similar to JWOC maps. This would be an ideal time for individuals and/or teams to experience orienteering in Australia. Details will be available on website early 2006.

Enquiries to Nick Dent (see details above)

Maps	Year	Scale	Location
Gumble Creek	2001	1:10000	Molong, NSW
The Pinnacles	2001	1:10000	Molong, NSW
Kahli's Rocks	1996	1:10000	Bathurst, NSW
Seldom Seen	2004	1:10000	Eugowra, NSW
Pinecliffe	2004	1:10000	Molong, NSW
The Cascades	2004	1:10000	Stanthorpe, QLD
Clonalton	2004	1:10000	Cowra, NSW
Buckenderra	2005	1:10000	Jindabyne, NSW

## Map of Region

[www.visitnsw.com.au/VisitNSWStaticAssets/maps/nswmap.html](http://www.visitnsw.com.au/VisitNSWStaticAssets/maps/nswmap.html)

## Embargoed Areas

All forests and parkland within 50 km of Dubbo are embargoed for JWOC competitors.

## Public Events

A program of public events will be organised during the JWOC carnival in Dubbo. These events will be on 7<sup>th</sup> July, 10<sup>th</sup> July (pm), 12<sup>th</sup> July, 14<sup>th</sup> July and 15<sup>th</sup> July. Details will be provided in Bulletin 2.

## Travel

Due to the distance that most teams will have to travel to Australia jetlag needs to be considered when arranging timing of travel.

The effects of jet lag on athletes can be quite serious and we strongly suggest you take account of this in your arrangements for travel to Australia. Have a look at the following website

<http://www.medicinenet.com/script/main/art.asp?articlekey=10138&track=ef>

for the latest information on what you can do to alleviate the effects.

We in Australia have extensive experience of the effects of jet lag, as we regularly send our competitors to Europe for orienteering. The Australian Institute of Sport recommends that you allow 12 hours recovery for every 1 hour of time difference travelled.

Additional information is available at

[http://www.tmvc.com.au/fs\\_c.asp?UnqID=0.4640089](http://www.tmvc.com.au/fs_c.asp?UnqID=0.4640089)

<http://www.nevdgp.org.au/ginf2/murtagh/general/AirTravel.htm>

## Special Information

For information about Dubbo and the surrounding area the following websites are recommended

[www.dubbotourism.com.au](http://www.dubbotourism.com.au)

[www.zootopia.com.au](http://www.zootopia.com.au)

[www.olddubbogoal.com.au](http://www.olddubbogoal.com.au)

[www.visitnsw.com.au/](http://www.visitnsw.com.au/)