



**2010 SILVA National Orienteering
League & Series – Round 2
Stages 4 to 10 ACT & Snowy Regions**

2010 SILVA NATIONAL ORIENTEERING LEAGUE & SERIES

18th National Orienteering League

The 18th National Orienteering League, including the National Orienteering Series, opened with three stages in central Victoria on 6-7 March. The competitions are similar to the Tour de France in that the teams' competition is based on the placings of team members in races. However, rather than all the stages being conducted consecutively, they are spread throughout the year in rounds of stages. The 2010 SILVA National Orienteering League and National Orienteering Series include 17 stages in four rounds:

- 6-7 March: Three stages in central Victoria (completed)
- 2-11 April: Seven stages in the Canberra and Snowy regions
- 15-16 May: Three stages in the southern highlands of NSW
- 26 Sep – 3 Oct: Four stages in South Australia

Competition Format

There are four divisions of the **National League** and of the **National Orienteering Series** (see below):

National League:

Senior Men: Based on the results in the Senior Men's division of the National Orienteering Series.

Senior Women: Based on the results in the Senior Women's division of the National Orienteering Series.

Junior Men: Based on the results in the Junior Men's division of the National Orienteering Series.

Junior Women: Based on the results in the Junior Women's division of the National Orienteering Series.

The **seven teams** in the competition are: Canberra Cockatoos, NSW Stingers, Queensland Cyclones, Southern Arrows, Tassie Foresters, Victorian Nuggets and Western Nomads.

Scoring Method. The times of the fastest three competitors of each team in each division in the National Orienteering Series races are aggregated to determine team placings in each division and awarded points for placings on the basis of, 9 for first, 7 for second, 5 for third, 4 for fourth, 3 for fifth, 2 for sixth and 1 for seventh. The total score for teams in the Senior divisions is the sum of points scored in all events. A reduced number of events is aggregated for the Junior divisions.

2010 National League Placings after Stage 3

Senior Men	Senior Women	Junior Men	Junior Women
NSW Stingers 25	Victorian Nuggets 21	Canberra Cockatoos 23	Queensland Cyclones 27
Canberra Cockatoos 21	Queensland Cyclones 17	Tassie Foresters 21	Victorian Nuggets 18
Victorian Nuggets 17	NSW Stingers 16	Queensland Cyclones 18	Canberra Cockatoos 14

2010 National Series Placings after Stage 3

Senior Men	Senior Women	Junior Men	Junior Women
Julian Dent (NSW) 60	Vanessa Round (SA) 54	Lachlan Dow (ACT) 51	Lilian Burrill (Qld) 54
Simon Uppill (SA) 49	Shannon Jones (ACT) 51	Kurt Neumann (Qld) 51	Emily Prudhoe (NSW) 54
Bryan Keely (Vic) 48	Kathryn Ewels (Vic) 50	Oscar Phillips (Tas) 51	Georgia Parsons (ACT) 52

Round 2 ACT and Snowy Regions

Round 2 (stages 4 to 10) of the 2010 SILVA National Orienteering League and National Orienteering Series will be staged in the ACT and Snowy regions over 10 days, 2-11 April. The stages are:

- **Stage 4. 2 April. Sprint Distance race at Russell-Campbell, ACT**
- **Stage 5. 3 April. Middle Distance race at Namadgi National Park, ACT.** World Ranking Event.
- **Stage 6. 4 April. Long Distance race at Kowen Forest, ACT.**
- **Stage 7. 5 April. Middle Distance race at Collector, NSW.**
- **Stage 8. 9 April. Sprint Distance race at Buckenderra Resort, NSW.**
- **Stage 9. 10 April. Middle Distance race at Buckenderra Resort, NSW.** World Ranking Event.
- **Stage 10. 11 April. Long Distance race at Glenbrook, Berridale, NSW.**

Except for Stage 7, all stages are Time Trial races. Stage 7 has a Chasing Start based on the time order at the end of Day 2 of the Australian 3-Days, with the leaders in each class starting first. The first competitors to reach the Finish are then the winners of the Australian 3-Days for their class.

The **cover page** has photos of the leading competitors (from left), top row: Julian Dent (NSW), Hanny Allston (Tas), Simon Uppill (SA), middle row: Kathryn Ewels (Vic), David Shepherd (ACT), Anna Sheldon (Qld), bottom row: Craig Dufty (WA), top juniors in 2009: Max Neve (Vic), Belinda Lawford (ACT).

Orienteering Australia would like to thank the Australian Government for their continued funding and commitment to our sport in this country. The Australian Sports Commission is the Government body that develops, supports and invests in sport at all levels in Australia. Orienteering Australia works closely with the Australian Sports Commission to develop orienteering from community participation to high performance level.